

Pet Fitness Group Names Top 2010 Products

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In its efforts to help people and pets lose weight and sustain a healthy lifestyle, the Association for Pet Obesity Prevention has released the "Top Pet Fitness and Weight Loss Products for 2010."

Half of the nearly 171 million dogs and cats in the United States are overweight, according to the association, which was founded by Ernie Ward, DVM, a certified personal trainer and USA Triathlon coach. With that figure in mind, the pet industry is developing innovative and effective exercise and weight loss products to combat the problem, the association noted.

The top products for 2010--rated on innovation, practicality, availability, cost/benefit, durability, ease of use and pet/owner acceptance--are as follows:
Harnesses and Leashes. "Exercise is critical to keeping your pet fit and healthy," Dr. Ward said. "A comfortable leash and harness system is a must for exercising with your dog."

- **Tru-Fit Smart Harness by Kurgo Products of Salisbury, Mass.--A walking harness that also works as a car restraint device.**